

## Attention: Teachers, Assistant Teachers, Leadership Teams, Well-being Coordinators, Administration Staff

Powerful Partnerships, in collaboration with Thrive For Teachers and Psychologist, Dannielle Charge, are delighted to bring you our newest program for 2023.

We will not only explore a range of tools and strategies for educators to better navigate their own self-care and well-being, but we also explore ways you can support your colleagues and build a school culture which helps us all to thrive in our profession.

There is no argument that teaching is a challenging profession, but it is also one of the most rewarding ones. We need strategies to reconnect with our purpose, remember the joy it brings us and be the best version of ourselves to support our students. This program looks at this along with better understanding our stress curve, our triggers and managing the ever increasing workloads of our profession.



You will walk away with a toolkit full of strategies to implement individually and collectively with your colleagues.



## **Facilitator: Jodie Davey**

With over 30 years in education, Jodie is an experienced teacher, Assistant Principal, Curriculum Adviser and Director of Teacher Performance and Development. She is a certified Highly Accomplished and Lead Teacher Assessor and loves supporting others in developing their career. Her engaging presentation style will not disappoint.

## **Author: Dannielle Charge**

Dannielle Charge is a Psychologist and has worked in the Education and Health sectors for over 20 years.

Her wealth of knowledge, research, passion and understanding of the needs of educators is clearly evident in this program.



Her psychologist lens gives this program its point of difference from any others around.

> Places are limited, please visit www.powerfulpartnerships.com.au for registration, dates and locations. 6 hours of CPD

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